

A/ Villaines-la-Juhel 14km/15'

- Hiking/Walking paths: In the Villaines area, about a hundred different walks on paths which have been marked and are regularly maintained by volunteers, forming a network of over 150 miles. Long or short, all with beautiful views of the preserved countryside. Maps are available at the Office of Tourism for individual hiking. Calendars are published for walking in groups

www.cc-villaines-juhel.fr/randonnees_en_mayenne.html

- Biking/Mountain bike: Large choice of 10 to 50-mile runs, and special events like "From the Pays de Pail to the Alpes Mancelles" in May, or the "Tour de la Mayenne".

<http://vttsi.free.fr>

http://tourmayennevtt.free.fr/essai_avec_pages_interactives/

- Horse riding and ponies : Bridleways

<http://vttsi.free.fr>

- Museum Le Pot au Lait (The Milk Jug)
Small museum featuring local artifacts gathered by a passionate collector particularly related to farm-scale production of milk and milk products.



Musee du Pot au Lait

<http://vttsi.free.fr>

- Swimming-pool: Villaines-la-Juhel
Open May to September

www.cc-villaines-la-juhel.fr/piscine

-or Evron 26km/30'

www.cc-pays-evron.fr/jardinaquatique/equip

- Tennis : Villaines-la-Juhel

www.club.fft.fr/tcvillaines

www.club.fft.fr/tcvillaines/02530170_a/cms/index_public.php?us_action=show_note_site&login_off=1&ui_id_site=1