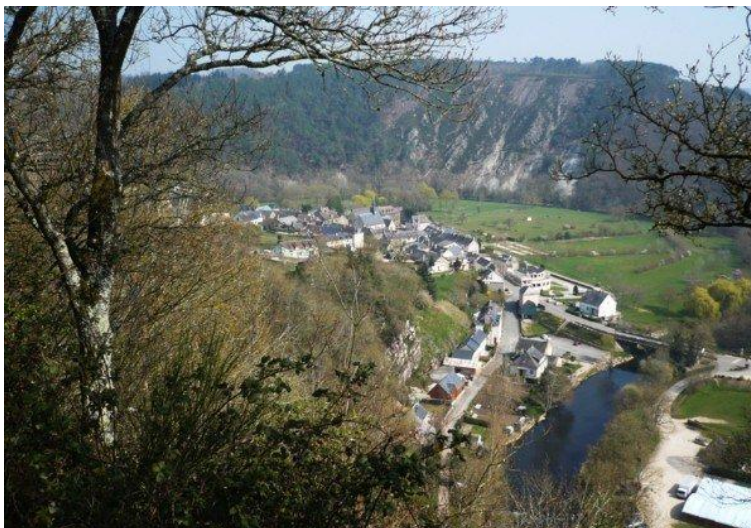


E/ Les Alpes Mancelles, St Léonard-des-Bois

16km/18'

St- Leonard-des-Bois is located in the « Parc Normandie-Maine », a huge 235 000 hectare park which straddles the Normandy and Western Loire borders. It is a region of ancient forests, the home of boar and deer, and a diverse landscape of moorland, forest, rivers and streams. Beautiful scenery. Climbing up from the center of the village will lead you to a nice walk on top of the hill around a small animal park.



Two views of the village

Visit the **Domaine du Gasseau**. Ideal for outdoor activities. Mountain biking is popular on the range of hills around the River Sarthe known as the Alpes Mancelles - though they seldom rise above 400m.

« Le Potager » – Kitchen Garden, all edible ! Take a stroll in this beautifully arranged garden and buy your vegetables! At the Domaine du Gasseau - 72130 Saint Léonard des Bois

www.gasseau.com

Rock Climbing

www.ot-alpes-mancelles.com

Accro-branches

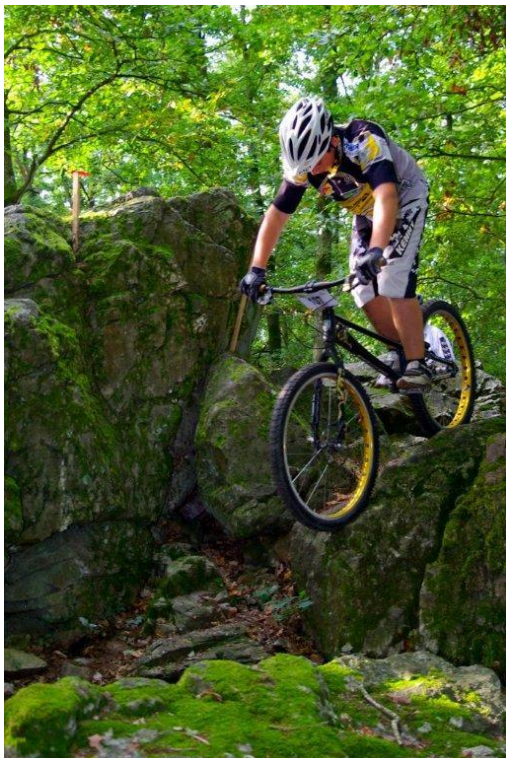
Fancy yourself as Tarzan and climb trees... (safely !)



<http://aventuresdanslesarbres.com>

<http://www.gasseau.com/index25.php>

Mountain Biking



<http://vttsi.free.fr>

Canoeing/Kayaking :

www.ot-alpes-mancelles.com